

5K

| Dossard | Nom | Prenom | HF | Age | Pos | | Localite | Equipe | Temps | TpsKm | KmH | Pos | |
|---------|------|------------|------------------|-----|-----|-----|--------------------|-------------------|------------|-------|------|------|------|
| | | | | | Cat | Cat | | | | | | MQSA | MQSA |
| 1 | 1271 | Lekeu | Pierre | H | 18 | 1 | ESH | | 0:22:39'06 | 3:54 | 15,4 | | |
| 2 | 1308 | Navez | Thomas | H | 21 | 1 | SEH Visé | | 0:23:13'53 | 4:00 | 15,0 | | |
| 3 | 1256 | Jockin | Francois | H | 19 | 2 | SEH | RFCL | 0:23:28'61 | 4:00 | 14,8 | | |
| 4 | 1213 | Ledercq | Pierre | H | 36 | 3 | SEH Queue du bois | | 0:23:43'57 | 4:06 | 14,7 | | |
| 5 | 1259 | Bauwens | Frederic | H | 32 | 4 | SEH Liège | | 0:24:41'12 | 4:18 | 14,1 | | |
| 6 | 1208 | Demoucelle | Arnauld | H | 13 | 2 | ESH Kraainem | | 0:25:49'57 | 4:30 | 13,5 | | |
| 7 | 1270 | Jorissen | Johan | H | 43 | 5 | SEH Maastricht | | 0:26:01'58 | 4:30 | 13,4 | | |
| 8 | 1251 | Caelen | Sebastien | H | 15 | 3 | ESH | R.E. blegny | 0:26:18'70 | 4:30 | 13,2 | | |
| 9 | 1246 | Remy | Laly | F | 11 | 1 | ESF Grace Hollogne | RFCL | 0:26:26'24 | 4:36 | 13,2 | | |
| 10 | 1295 | Lejeune | Guillaume | H | 12 | 4 | ESH | | 0:26:33'65 | 4:36 | 13,1 | | |
| 11 | 1247 | Remy | Sebastien | H | 42 | 6 | SEH Grace Hollogne | | 0:26:51'64 | 4:36 | 13,0 | | |
| 12 | 1203 | Bruwier | Romain | H | 13 | 5 | ESH Visé | | 0:27:17'24 | 4:42 | 12,8 | | |
| 13 | 1262 | Swysen | Pierre-Alexandre | H | 14 | 6 | ESH Saint Remy | RFCL | 0:27:29'20 | 4:42 | 12,7 | | |
| 14 | 1229 | Randaxhe | Charles | H | 12 | 7 | ESH Liege | RFCL | 0:27:42'37 | 4:48 | 12,6 | | |
| 15 | 1250 | Marlet | Julien | H | 13 | 8 | ESH Warsage | Blegny | 0:27:46'12 | 4:48 | 12,5 | | |
| 16 | 1234 | Levaux | Ugo | H | 13 | 9 | ESH | La Prihielle | 0:27:48'37 | 4:48 | 12,5 | | |
| 17 | 1296 | Lejeune | Julien | H | 11 | 10 | ESH | | 0:28:04'96 | 4:48 | 12,4 | | |
| 18 | 1289 | Jansen | Victor | H | 11 | 11 | ESH | | 0:28:14'63 | 4:54 | 12,3 | | |
| 19 | 1244 | Reul | Antoine | H | 13 | 12 | ESH Visé | | 0:28:26'84 | 4:54 | 12,2 | | |
| 20 | 1245 | Remy | Nathan | H | 14 | 13 | ESH RFCL | | 0:28:39'56 | 4:54 | 12,1 | | |
| 21 | 1260 | Hensenne | Eva | F | 13 | 2 | ESF Haccourt | Oupeye Athlétisme | 0:28:59'70 | 5:00 | 12,0 | | |
| 22 | 1293 | Bixhain | Jerome | H | 29 | 7 | SEH | | 0:29:32'09 | 5:06 | 11,8 | | |
| 23 | 1228 | Paques | Yannick | H | 34 | 8 | SEH Boirs | Police Visé | 0:30:36'80 | 5:18 | 11,4 | | |
| 24 | 1281 | Fumal | Nathan | H | 14 | 14 | ESH Theux | | 0:30:54'76 | 5:18 | 11,3 | | |
| 25 | 1306 | Lacroix | Lionel | H | 22 | 9 | SEH | | 0:31:01'60 | 5:18 | 11,2 | | |
| 26 | 1273 | Hogge | Adrien | H | 12 | 15 | ESH MORTIER | Visé | 0:31:09'04 | 5:24 | 11,2 | | |
| 27 | 1276 | Douin | Serge | H | 54 | 10 | SEH | | 0:31:18'44 | 5:24 | 11,1 | | |
| 28 | 1235 | Derkenne | Meghan | F | 18 | 3 | ESF Oupeye | | 0:31:51'92 | 5:30 | 10,9 | | |

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| Dossard | Nom | Prenom | HF | Age | Pos Cat | Cat | Localite | Equipe | Temps | TpsKm | KmH | Pos | |
|---------|------|------------|----------|-----|------------|-----|----------|--------------|------------|-------|------|------|------|
| | | | | | | | | | | | | MQSA | MQSA |
| 29 | 1252 | Marlet | Yannick | H | 15 | 16 | ESH | | 0:32:30'51 | 5:36 | 10,7 | 10,7 | |
| 30 | 1226 | Cupers | Evelyne | F | 43 | 1 | SEF | Thimister | 0:32:39'86 | 5:36 | 10,7 | 10,7 | |
| 31 | 1241 | Humblert | Kim | F | 13 | 4 | ESF | Dalhem | 0:32:45'54 | 5:36 | 10,6 | 10,6 | |
| 32 | 1224 | Willems | Pierre | H | 35 | 11 | SEH | WISE | 0:32:48'32 | 5:42 | 10,6 | 10,6 | |
| 33 | 1305 | Chalono | Diego | H | 22 | 12 | SEH | | 0:32:53'43 | 5:42 | 10,6 | 10,6 | |
| 34 | 1310 | Veillevoye | Arthur | H | 14 | 17 | ESH | | 0:32:58'26 | 5:42 | 10,6 | 10,6 | |
| 35 | 1292 | Bixhain | Samir | H | 20 | 13 | SEH | | 0:33:43'15 | 5:48 | 10,3 | 10,3 | |
| 36 | 1257 | Salime | Enic | H | 41 | 14 | SEH | Paifve | 0:33:46'65 | 5:48 | 10,3 | 10,3 | |
| 37 | 1227 | Dahmoim | Théo | H | 13 | 18 | ESH | Bassenge | 0:33:53'65 | 5:48 | 10,3 | 10,3 | |
| 38 | 1261 | Teney | Laurence | F | 30 | 2 | SEF | | 0:33:54'26 | 5:48 | 10,3 | 10,3 | |
| 39 | 1236 | Canisius | Hugo | H | 15 | 19 | ESH | Athénée Visé | 0:33:55'20 | 5:48 | 10,3 | 10,3 | |
| 40 | 1205 | Canisius | Loïc | H | 12 | 20 | ESH | Visé | 0:33:56'32 | 5:54 | 10,3 | 10,3 | |
| 41 | 1277 | Malmendier | Xavier | H | - | 1 | visé | | 0:34:18'90 | 5:54 | 10,1 | 10,1 | |
| 42 | 1265 | Ledent | Clarysse | F | 13 | 5 | ESF | | 0:35:19'91 | 6:06 | 9,8 | 9,8 | |
| 43 | 1297 | Joyeux | Bastien | H | 12 | 21 | ESH | | 0:35:22'35 | 6:06 | 9,8 | 9,8 | |
| 44 | 1304 | Brouwir | Sophie | F | 16 | 6 | ESF | | 0:35:24'44 | 6:06 | 9,8 | 9,8 | |
| 45 | 1225 | Masset | Claude | F | 47 | 3 | SEF | | 0:35:27'03 | 6:06 | 9,8 | 9,8 | |
| 46 | 1210 | Hodeige | Manon | F | 12 | 7 | ESF | Sarolay | 0:35:29'18 | 6:06 | 9,8 | 9,8 | |
| 47 | 1207 | Demoucelle | Patrick | H | 49 | 15 | SEH | Kraainem | 0:35:36'47 | 6:06 | 9,8 | 9,8 | |
| 48 | 1248 | Jeukens | Lola | F | 13 | 8 | ESF | | 0:35:39'80 | 6:06 | 9,8 | 9,8 | |
| 49 | 1309 | Veillevoye | Louis | H | 13 | 22 | ESH | | 0:35:40'76 | 6:12 | 9,8 | 9,8 | |
| 50 | 1218 | Salasso | Marielle | F | 14 | 9 | ESF | Haccourt | 0:35:44'72 | 6:12 | 9,7 | 9,7 | |
| 51 | 1254 | Defauwes | Ines | F | 13 | 10 | ESF | Warsage | 0:35:45'92 | 6:12 | 9,7 | 9,7 | |
| 52 | 1232 | Tebache | Lea | F | 14 | 11 | ESF | MORTIER | 0:35:47'56 | 6:12 | 9,7 | 9,7 | |
| 53 | 1258 | Ait-Touati | Robert | H | 56 | 16 | SEH | Liers | 0:35:49'28 | 6:12 | 9,7 | 9,7 | |
| 54 | 1263 | Herzet | Sylvie | F | 46 | 4 | SEF | Wonck | 0:36:12'68 | 6:12 | 9,6 | 9,6 | |
| 55 | 1279 | Huc | Lucas | H | 15 | 23 | ESH | Liege | 0:36:56'74 | 6:24 | 9,4 | 9,4 | |
| 56 | 1274 | Denis | Louis | H | 11 | 24 | ESH | visé | 0:37:09'11 | 6:24 | 9,4 | 9,4 | |

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|---------|------|------------|-----------|-----|------------|----------|----------------|------------|-------|-----|------------|------|
| | | | | | | | | | | | MQSA | MQSA |
| 57 | 1242 | Humblet | Jacques | H | 53 | 17 SEH | Hermalle-sous- | 0:37:21'17 | 6:24 | 9,3 | | 9,3 |
| 58 | 1307 | Cleners | Kevin | H | 22 | 18 SEH | | 0:37:23'53 | 6:24 | 9,3 | | 9,3 |
| 59 | 1204 | Bruwier | Emma | F | 11 | 12 ESF | Visé | 0:37:24'78 | 6:30 | 9,3 | | 9,3 |
| 60 | 1211 | Janssen | Beatrice | F | 41 | 5 SEF | Sarolay | 0:37:27'26 | 6:30 | 9,3 | | 9,3 |
| 61 | 1269 | Lambrecht | Celine | F | 36 | 6 SEF | | 0:37:43'19 | 6:30 | 9,2 | | 9,2 |
| 62 | 1287 | Hayon | Morgane | F | 16 | 13 ESF | | 0:37:52'17 | 6:30 | 9,2 | | 9,2 |
| 63 | 1290 | Wouters | Ghislain | H | 66 | 19 SEH | | 0:37:53'24 | 6:30 | 9,2 | | 9,2 |
| 64 | 1284 | Huc | Nina | F | 11 | 14 ESF | | 0:38:13'56 | 6:36 | 9,1 | | 9,1 |
| 65 | 1278 | Huc | Nicolas | H | 41 | 20 SEH | Liege | 0:38:14'99 | 6:36 | 9,1 | | 9,1 |
| 66 | 1240 | Humblet | Anouk | F | 18 | 15 ESF | | 0:38:17'21 | 6:36 | 9,1 | ACV | 9,1 |
| 67 | 1223 | Verstappen | Timo | H | 13 | 25 ESH | Bruxelles | 0:38:37'20 | 6:42 | 9,0 | | 9,0 |
| 68 | 1216 | Poinsot | Aurélie | F | 46 | 7 SEF | Laeken | 0:38:38'75 | 6:42 | 9,0 | | 9,0 |
| 69 | 1233 | Gauthier | Carole | F | 36 | 8 SEF | Verviers | 0:38:39'87 | 6:42 | 9,0 | | 9,0 |
| 70 | 1255 | Plisson | Muriel | F | 55 | 9 SEF | Haccourt | 0:38:46'55 | 6:42 | 9,0 | jcpmf Visé | 9,0 |
| 71 | 1298 | Heuze | Mathile | F | 17 | 16 ESF | visé | 0:39:08'30 | 6:42 | 8,9 | | 8,9 |
| 72 | 1299 | Bourdouxhe | Claude | H | 47 | 21 SEH | visé | 0:39:08'35 | 6:42 | 8,9 | | 8,9 |
| 73 | 1243 | Avignon | Mercédès | F | 24 | 10 SEF | Bonnelles | 0:39:35'79 | 6:48 | 8,8 | | 8,8 |
| 74 | 1272 | Hallet | Severine | F | 27 | 11 SEF | | 0:39:48'55 | 6:54 | 8,7 | | 8,7 |
| 75 | 1221 | Vanosmael | Geneviève | F | 58 | 12 SEF | Visé | 0:39:51'90 | 6:54 | 8,7 | | 8,7 |
| 76 | 1249 | Spits | Ingrid | F | 44 | 13 SEF | Vise | 0:39:58'33 | 6:54 | 8,7 | jcpmf Visé | 8,7 |
| 77 | 1222 | Verstappen | Evie | F | 14 | 17 ESF | Bruxelles | 0:40:08'87 | 6:54 | 8,7 | | 8,7 |
| 78 | 1209 | Hayez | Olivier | H | 43 | 22 SEH | Grace-Hollogne | 0:40:20'57 | 7:00 | 8,6 | | 8,6 |
| 79 | 1288 | Thevissen | Manon | F | 14 | 18 ESF | Vise | 0:40:25'57 | 7:00 | 8,6 | | 8,6 |
| 80 | 1282 | Mawet | Benoit | H | 15 | 26 ESH | | 0:40:32'89 | 7:00 | 8,6 | | 8,6 |
| 81 | 1300 | Humblet | Caroline | F | 15 | 19 ESF | visé | 0:40:35'10 | 7:00 | 8,6 | | 8,6 |
| 82 | 1266 | Ledent | Valère | H | 15 | 27 ESH | | 0:41:04'68 | 7:06 | 8,5 | | 8,5 |
| 83 | 1283 | Mawet | Marie | F | 18 | 20 ESF | | 0:41:07'87 | 7:06 | 8,5 | | 8,5 |
| 84 | 1267 | Cherkaoui | Soumaya | F | 53 | 14 SEF | Charleroi | 0:41:42'86 | 7:12 | 8,3 | | 8,3 |

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|-----|---------|------------|------------|----|-----|------------|-----|--------------------|------------------|------------|-------|-----|------|------|
| | | | | | | | | | | | | | MQSA | MQSA |
| 85 | 1264 | Ledent | Sacha | H | 15 | 28 | ESH | | | 0:42:17'36 | 7:18 | 8,2 | 8,2 | |
| 86 | 1230 | Velut | Justine | F | 26 | 15 | SEF | Heure Le Romain | | 0:42:30'06 | 7:18 | 8,2 | 8,2 | |
| 87 | 1231 | Gilon | Ingrid | F | 37 | 16 | SEF | Oupeye | TCBM | 0:42:31'31 | 7:18 | 8,2 | 8,2 | |
| 88 | 1239 | Bika | Sylvie | F | 51 | 17 | SEF | Wandre | | 0:43:12'64 | 7:30 | 8,1 | 8,1 | |
| 89 | 1302 | Humbert | Sam | H | 12 | 29 | ESH | | | 0:43:21'57 | 7:30 | 8,0 | 8,0 | |
| 90 | 1202 | Bartholome | Veronique | F | 43 | 18 | SEF | Romsee | | 0:43:22'93 | 7:30 | 8,0 | 8,0 | |
| 91 | 1268 | Bruwier | Axel | H | 15 | 30 | ESH | Dalhem | | 0:43:45'06 | 7:30 | 8,0 | 8,0 | |
| 92 | 1237 | Moustier | Louis | H | 12 | 31 | ESH | Thimister-Clermont | | 0:43:55'30 | 7:36 | 7,9 | 7,9 | |
| 93 | 1303 | Demanez | Florence | F | 13 | 21 | ESF | | | 0:44:59'41 | 7:48 | 7,7 | 7,7 | |
| 94 | 1220 | Thunus | Rene | H | 62 | 23 | SEH | CHENEE | | 0:44:59'47 | 7:48 | 7,7 | 7,7 | |
| 95 | 1301 | Berlemont | Leontine | F | 13 | 22 | ESF | visé | | 0:45:02'72 | 7:48 | 7,7 | 7,7 | |
| 96 | 1291 | Morris | Sabrina | F | 32 | 19 | SEF | | | 0:45:14'20 | 7:48 | 7,7 | 7,7 | |
| 97 | 1201 | Balaska | Lucas | H | 13 | 32 | ESH | Laeken | | 0:45:40'58 | 7:54 | 7,6 | 7,6 | |
| 98 | 1286 | Etienne | Martine | F | 25 | 20 | SEF | Liege | JOGInatititude | 0:47:20'48 | 8:12 | 7,4 | 7,4 | |
| 99 | 1285 | Etienne | Sophie | F | 31 | 21 | SEF | | JOGGING attitude | 0:47:22'73 | 8:12 | 7,3 | 7,3 | |
| 100 | 1214 | Moreau | Marianne | F | 53 | 22 | SEF | VOTTEM | | 0:48:28'63 | 8:24 | 7,2 | 7,2 | |
| 101 | 1294 | Bodson | Chantal | F | 61 | 23 | SEF | | | 0:51:14'22 | 8:48 | 6,8 | 6,8 | |
| 102 | 1253 | Bourlet | Anne-Marie | F | 62 | 24 | SEF | Vottem | JCH | 0:53:14'01 | 9:12 | 6,5 | 6,5 | |